



Sherri Methvin
Cell: (405) 664-2398
Office: (405) 359-7400
Web: <http://MyOKHomeSearch.com>

Making a Smooth Move



The buying or selling process of your home can be stressful, especially when mixed with the emotions that come with moving to a new neighborhood.

Below are a few tips that will help your children cope with these changes:

- Be positive about the move. Your emotions can set the mood for the entire experience. Remain positive and upbeat about the changes that lie ahead.
- Answer questions openly and honestly. Make sure young members of the family know they can count on you for answers. Their questions will give you an idea of how they are feeling about the situation and can guide your efforts to help them relax.
- Assign young family members specific tasks. Help everyone get involved by creating a to-do check list, then assigning age-appropriate tasks to each member of the family. Creating a sense of ownership can give everyone a feeling of responsibility.
- Plan ahead. Before the move, start investigating programs and activities that your family would enjoy. Register your children for sports programs or other activities similar to the type of activities they will participate in. You want them to be introduced to other people of their age and start making friends as soon as possible.

I can offer advice, guidance and reassurance that will help every member of your family make a smooth transition. Contact me today to find out more.

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